

Woodbridge HIVE

Building 711, Easton Road, Sutton Heath Estate, Woodbridge, Suffolk IP12 3TD

Tel: Civ – 01394 421359 E: woodbridge@hivegb.co.uk

Opening hours: Monday – Thurs 0900 – 1430 Friday 0830 - 1330

LOCAL AREA

Rock Barracks is approximately 4.5 miles from Woodbridge town centre and 8 miles from Martlesham Heath. The town is on the banks of the river Deben and has many shops, restaurants, antiques centres and galleries. The nearest major roads are the A12 and A14 leading to the M11, A1(M), M1, M6 and all points north. To travel South the A14 takes you to the second part of the A12 and to the M25 at Brentwood.

A map of the location is at: <http://maps.google.co.uk/maps?q=sutton+heath+estate&rls=com>.

The Suffolk tourist information website is: <http://www.suffolkcoastal.gov.uk/tourism/tics/>

UNIT OVERVIEW

23 Engineer Regiment (Air Assault) provides support to 16 Air Assault Brigade. The Regiment consists of 2 parachute squadrons, HQ, and support squadron, and field support squadron. Previously an American base, Rock Barracks opened in May 2006 and has been redeveloped with new Officers' Accommodation/Mess facilities, WOs' and Sgts' Accommodation/Mess, Junior Ranks Accommodation and Junior Ranks Mess.

www.armynet.mod.uk/club/pages/menu -select RE Units then 23 Eng Regt (Air Assault)

Rock Barracks is also home to RHQ, 12 HQ Sqn RE, 9 Sqn RE, 51 Sqn RE, 61 Sqn RE (part of 33 Engineer Regiment, Wimbish) and 23 Eng Regt REME Wksp

UNIT FACILITIES

Rock Barracks provides Pay As You Dine facilities (PAYD) – Freshman's Bar and Junior Ranks' Restaurant. Other facilities include a gym/sports hall, outdoor football pitch, rugby pitch, astro turf pitch, and training wing.

Freshman's bar		Junior Ranks Restaurant	
Mon - Fri	0930 - 1415	Breakfast	Mon - Fri 0700 – 0745
	1700 - 2300		Sat – Sun 0800 – 0830
Sat – Sun	1200 - 2300	Lunch	Sat – Mon 1200 – 1300
			Tues – Fri 1215 – 1315
		Dinner	Mon – Thurs 1730 – 1815
			Fri – Sun 1630 - 1715

The community centre Building 711, next to Sandlings Primary School houses the Station Staff Officer, Unit Welfare office, HIVE, Community Development Worker, Padre and a coffee shop.

ACCOMMODATION

Service Families Accommodation (SFA)

Sutton Heath Estate has 2, 3 and 4 bed properties close to Rock Barracks. For enquiries regarding this housing area please call

DIO Housing Information Centre 0800 169 6322 (Option 2 - Thetford)

Website: <http://www.mod.uk/DefenceInternet/MicroSite/DIO/>

All SFA's are located within Rock Barracks, Sutton Heath Estate

Single Living Accommodation (SLA)

- The single / unaccompanied accommodation is part of project SLAM. For further information please contact the Accommodation SNCO 01394 462435
- For WOs' and Sgts' mess accommodation, Tel No: 01394 462625
- For Officers' mess accommodation, Tel No: 01394 462657

Local accommodation

Contact House – The SSO's Clerk administers the Contact House at Woodbridge. Availability can be checked and bookings made by phoning 01394 420670

Ufford Park Hotel
Yarmouth Road, Ufford, Woodbridge
IP12 1QW
01394 383 555 enquiries@uffordpark.co.uk

Holiday Inn (off the A14)
The Havens
Ipswich, Suffolk IP3 9SJ
0870 400 7217 www.holidayinn.com

Premier Inn (off the A14)
Augusta Close
Ransomes Euro Park, Ipswich,
Suffolk IP3 9SS
0871 527 8554 www.premierinn.com

Bull Hotel
Market Hill
Woodbridge,
Suffolk IP12 4LR
01394 382089 www.bullhotel.co.uk

TRAVEL

By car: Unit Postcode for Sat Nav is IP12 3LU

From the south

- Take the A12 Chelmsford exit off the M25.
- A12 to Ipswich. At the end of A12 (Copdock) roundabout, follow signs A14 Felixstowe.
- Over the Orwell bridge and onto the A12 Lowestoft - then follow the instructions below*

From the north

- A14 Bury St Edmunds /Stowmarket/Felixstowe, over the Orwell Bridge, A12 Lowestoft then follow the instructions below*

* Continue to 1st roundabout (Foxhall / Bucklesham) take the 2nd exit.

- 2nd roundabout (BT Adastral Park) take the 2nd exit.
- 3rd roundabout (Tesco / BP station) take the 2nd exit.
- 4th roundabout (A12/14 Kesgrave) second exit A12 Lowestoft and Woodbridge.
- 5th roundabout take the first exit passing Seckford Hall Hotel.
- 6th roundabout (Wyevale Garden Centre on left) take the 2nd exit.
- 7th roundabout take A1152. Continue down hill to crossroads with traffic lights.
- Continue straight across, past Melton Railway Station on the right, to roundabout.
- Take 2nd exit towards Sutton Hoo / Hollesley.
- Continue on B1083 until you the roads forks left (Hollesley / MOD Woodbridge).
- Continue on this road to the Sutton Heath Estate sign

By train - The nearest station to Rock Barracks is Melton Railway Station, Woodbridge, Suffolk. www.nationalexpresseastanglia.com or call 0845 600 7245. National Rail Enquiries – call 08457 484950 or visit www.nationalrail.co.uk

Taxi - M & R Atlas 0800 1694269. Woodbridge Cars 0800 0936612

HEALTHCARE

Service Personnel

- Station Medical Centre - Civ: 01394 462525. Mil: (9) 46272525
- Station Dental Centre - Civ: 01394 462452. Mil: (9) 46272452

Dependants

Medical:

- Little St John's Street Surgery 01394 382046
- Framfield House Surgery 01394 615500

Dental: NHS Direct will advise on dentists (see below for contact details).

The nearest hospital is the Ipswich Hospital NHS Trust, Heath Road, Ipswich, IP4 5PD
Tel: 01473 712233, Fax: 01473 703400 - www.ipswichhospital.org.uk

NHS Direct offers a 24-hour nurse advice and health information service, and provides details of local healthcare services, such as doctors, dentists or late night opening pharmacies. **NHS Direct** - Tel: **0845 46 47** www.nhsdirect.nhs.uk

SCHOOLS AND CHILDCARE

Sutton Heath Childcare Centre - (0-5 yrs) Tel: 01394 461090

Located within Sutton Heath Estate close to SFA

<http://www.findmyschool.co.uk/schooldetails>

Sandlings Primary School – (5 – 11yrs) Tel: 01394 420444

Located within Sutton Heath Estate close to SFA

<http://www.school-portal.co.uk/Grouphomepage>

Farlingaye High School - (11 – 18 yrs) Tel: 01394 385720

Located 4.8 miles from SFA – Transport is provided from Sutton Heath Estate to the school

<http://www.farlingaye.suffolk.sch.uk>

Applications for school places are made through Southern Area LEA, St Edmunds House, Rope Walk, Ipswich, IP4 1LZ Tel: 01473 584776

<http://www.suffolk.gov.uk/EducationAndLearning/AdmissionsToSchools/Listing.htm>

- Ofsted reports can be accessed at www.ofsted.gov.uk

USEFUL CONTACT NUMBERS

For any other Unit contact numbers please call the HIVE on 01394 421359		
	Mil	Civ
Army Welfare Service		01206 816581
Guard Room	94627 2555	01394 462555
HIVE		01394 421359
Padre	94627 2423	01394 462423
Unit Welfare Office		01394 421134
Unit welfare Office (SNCO)		01394 460636
Station Staff Officer		01394 421051
SSO Clerk		01394 420670

This is a brief overview of the area and facilities available at Woodbridge.
The HIVE holds further information and will research information on your behalf.