

INSTRUCTOR TRAINING COURSE (ITC)

WEEK 1

Ser	Date	Time	Activity	Type	Loc	Inst	Remarks
1	Day 1	0800 – 0810	Students escorted to D Block	Admin	Camp	SI	
2		0820 – 0940	Opening Address	Admin	120	Comd/Cse Offr	
3		0950 – 1110	Tour of Camp, Kit Issue to include Armoury	Admin	Camp	SI	
4		1120 – 1220	Fieldcraft Lsn 1 (Administration)	IP	SR	SI	
5		1220 – 1320	Lunch	Admin	Mess		
6		1330 – 1400	Validation Brief	Brief	120	Trg Offr	
7		1410 – 1450	The Law of Armed Conflict	Lecture	120	Cse Offr	
8		1500 – 1640	SI Interviews	Admin	SR	SI	
9		1900 – 2100	Ice Breaker	Admin	MMC	All	All Cse Staff
10	Day 2	0800 – 0900	Student Self Introductions		SR	SI	
11		0910 – 1040	Qualities of a Good Instructor – PMD2L	Lecture	120	Cse Offr	
12		1100 – 1140	Confirmation and Question Technique	Lecture	120	Cse Offr	
13		1140 – 1300	Lunch (Chip and Pin)	Admin	Mess		
14		1300 – 1340	Types of SAA Periods	Lecture	SR	SI	
15		1350 – 1430	Supervision of Instruction	Lecture	120	Cse Offr	
16		1440 – 1520	Instructional Aids	IP	SR	SI	
17		1530 – 1700	Demo of a SAA Basic Lesson – Rifle Lsn 1	IP	SR	SI	
18	Day 3	0800 – 0930	Rifle Lesson 2 – Ammunition, Load, Unload	IP	SR	SI	
19		0940 – 1020	Fault Checking	Lecture	120	Cse Offr	
20		1040 – 1210	Planning and Preparation of a SAA Lesson	IP	SR	SI	
21		1210 – 1320	Lunch	Admin	Mess		
22		1320 – 1400	Pyro Lesson 1 – Characteristics, Parts and Safety	IP	SR	SI	
23		1410 – 1450	Demo of a Fieldcraft Basic lesson – FC 11	IP	SR	SI	
24		1500 – 1700	Student Teach Back Study	Prep	SR	SI/Student	
25	Day 4	0800 – 0830	Rifle Strengthening Exercises – Group 1	IP	Outside	SI	
26		0840 – 1010	Rifle Lesson 3	IP	SR	SI	
27		1030 – 1200	Rifle Lesson 1	TP	SR	Student	2 x TPs
28		1200 – 1320	Lunch	Admin	Mess		
29		1320 – 1450	Rifle Lesson 2	TP	SR	Student	2 x TPs
30		1500 – 1700	Student Teach Back Study	Prep	SR	SI/Student	

Ser	Date	Time	Activity	Type	Loc	Inst	Remarks
31	Day 5	0800 – 0830	Rifle Strengthening Exercises – Group 1	TP	Outside	Student	1 x TP
32		0840 – 0910	Fieldcraft Lesson 11	TP	SR	Student	1 x TP
33		0920 – 1000	Fieldcraft Lesson 12 – Types of Fire Control Orders	IP	SR	SI	
34		1010 – 1050	Rifle Lesson 4 – Firing from Combat Positions	IP	SR	SI	Outside if required
35		1100 – 1140	Progress Assessment 1	Assessment	SR	SI	
36		1200 – 1215	Pay Parade	Admin	Admin Off	SA	
37		1230 – 1320	Lunch	Admin	Mess		
39		1320 – 1500	Teach Back Study	Prep	SR	SI/Student	

INSTRUCTOR TRAINING COURSE (ITC)

WEEK 2

Ser	Date	Time	Activity	Type	Loc	Inst	Remarks
40	Day 6	0800 – 0830	Rifle Strengthening Exercises – Group 2	IP	Outside	SI	1 x TP
41		0840 – 1010	Rifle Lesson 3	TP	SR	Student	2 x TPs
42		1030 – 1110	Rifle Lesson 4	TP	SR	Student	Outside if required
43		1120 – 1200	Fieldcraft Lesson 12	TP	SR	Student	1 x TP
44		1200 – 1300	Lunch	Admin	Mess		
45		1300 – 1340	Fieldcraft Lesson 13 – Issuing Fire Control Orders	IP	SR	SI	
46		1350 – 1430	UN Lecture 1 – Code of Conduct	Lecture	120	Cse Offr	
47		1440 – 1520	2 Mile Run	PT	Camp Area	Cse Offr	
48		1530 – 1700	Student Teach back Study	Prep	SR	SI/Student	
49	Day 7	0800 – 0830	Rifle Strengthening Exercises – Group 2	TP	Outside	Student	1 x TP
50		0840 – 0920	Training the Battle Shot and Army Operational Shooting Policy (AOSP)	Lecture	120	Cse Offr	
51		0930 – 1010	Fieldcraft Lesson 13	TP	SR	Student	1 x TP
52		1030 – 1200	Rifle Lesson 5	IP	SR	SI	
53		1200 – 1320	Lunch	Admin	Mess		
54		1320 – 1420	Marksmanship Principles	Lecture	120	Cse Offr	
55		1430 – 1500	Conduct of Weapon Handling Tests (WHT)	IP	SR	SI	
56		1510 – 1700	Student Teach Back Study	Prep	SR	SI/Student	
57	Day 8	0820 – 0950	Rifle Lesson 6 – Use of Cover, Reaction to Effective Enemy fire	IP	Outside	SI	
58		1010 – 1050	Rifle Lesson 5	TP	SR	Student	1 x TP
59		1100 – 1200	PT	PT	Outside	Cse Offr	
60		1200 – 1320	Lunch	Admin	Mess		
61		1320 – 1520	WHT	Test	SR	SI	
62		1530 – 1700	Student Teach Back Study	Prep	SR	SI/Student	
63	Day 9	0820 – 0850	Rifle Strengthening Exercises – Group 3	IP	Outside	SI	
64		0900 – 1030	Rifle Lesson 6	TP	Outside	Student	2 x TPs
65		1050 – 1130	UN lecture 2 – Sexual Exploitation	Lecture	120	Cse Offr	
66		1140 – 1220	UN Lecture 3 – Human Rights in Peacekeeping	Lecture	120	Cse Offr	
67		1220 – 1320	Lunch	Admin	Mess		
68		1320 – 1400	Fieldcraft Lesson 11	TP	SR	Student	1 x TP

Ser	Date	Time	Activity	Type	Loc	Inst	Remarks
69		1410 – 1530	Rifle Lesson 2	TP	SR	Student	2 x TP
70		1540 – 1700	3 Mile Run	PT	Camp Area	SI	
71	Day 10	0800 – 0830	Rifle Strengthening Exercises – Group 3	TP	Outside	Student	1 x TP
72		0840 – 0920	Introduction to Coaching the Grouping Practice	Lecture	120	Cse Offr	
73		0930 – 1100	Practical Couching the Grouping Practice	IP	SR	SI	To be taught at Section level
74		1110 – 1150	Progress Assessment 2	Assessment	SR	SI	Allocate Mid Term Teach backs
75		1200 – 1215	Pay Parade	Admin	Admin Off	SA	
76		1215 – 1235	Course Inval Questionnaires	Admin	120	Trg Offr	
77		1230 – 1320	Lunch	Admin	Mess		

INSTRUCTOR TRAINING COURSE (ITC)

WEEK 3

Ser	Date	Time	Activity	Type	Loc	Inst	Remarks
78	Day 11	0800 – 0840	Conduct of a Practice Period	IP	SR	SI	
79		0850 – 0930	Introduction to BLs and BEs	Lecture	120	Cse Offr	Minibus to move SI's and Demo Troops
80		0940 – 1000	Move to Area	Admin	Area	SI	
81		1010 – 1120	BL and BE Demonstration	Demo	TPC 1 - 5	Cse Offr	
82		1120 – 1400	Recce BL and BE Areas	Recce	Area	SI/Student	Haverbag Lunch
83		1400 – 1420	Return to Camp	Admin	Area	SI	
84		1430 – 1510	Production of an Exercise Action Safety Plan (EASP)	Lecture	120	Cse Offr	
85		1520 – 1700	Work on BL EASP	Prep	SR	SI/Student	
86	Day 12	0800 – 0820	Move to Area	Admin	Area	SI	
87		0830 – 1400	Fieldcraft Lessons: <ul style="list-style-type: none"> • Cam and Con • Duties of a Sentry • Elementary Obstacle Crossing • Moving With or Without Personal Wpns 	IP	TPC 1 - 5	SI	Haverbag Lunch Admin NCO to return Demo Troops at 1200
88		1400 – 1510	Return to Camp (PT)	PT	Area	SI	
89		1520 – 1700	Student Teach Back Study for Mid-Term TPs	Prep	SR	SI/Student	
90	Day 13	0800 – 0830	Rifle Strengthening Exercises – Group 2	TP	Outside	Student	1 x TP (Hand in BL EASP)
91		0840 – 1220	Mid-Term Teach Backs	IP	SR	Student	See separate instr
92		1220 – 1320	Lunch	Admin	Mess		
93		1320 – 1700	Mid-Term Teach Backs	IP	SR	Student	
94	Day 14	0715 – 0730	Move to Area	Admin	Area	SI	
95		0740 – 1800	Student Battle Lessons	TP	TPC 1 - 5	Student	9 x BLs (Container Lunch)
96		1800 – 1830	Return to Camp	Admin	Area	SI	Container Meal I9
97	Day 15	0830 – 0910	Coaching – Application of Fire	Lecture	120	Cse Offr	
98		0910 – 1030	Practical Coaching – Application of Fire	IP	SR	SI	To be taught at Section level
99		1040 – 1130	Progress Assessment 3	Assessment	SR	SI	
100		1140 – 1210	Pay Parade	Admin	Admin Off	SA	

Ser	Date	Time	Activity	Type	Loc	Inst	Remarks
101		1210 – 1320	Lunch	Admin	Mess		
102		1320 – 1400	Rifle Lesson 9 - Zeroing	IP	SR	SI	

INSTRUCTOR TRAINING COURSE (ITC)

WEEK 4

Ser	Date	Time	Activity	Type	Loc	Inst	Remarks	
104	Day 16	0730 – 0800	Move to Range	Admin	Area	SI		
105		0800 – 0900	Set up Range, RCO Briefs	Admin	Inf Range	Cse Offr		
106		0900 – 1230	Rifle LF 3 – Intro Shoot at 25M (All Positions)	LF		Cse Offr	CA: Rifle Lsn 3, Rifle Lsn 4 (TPs)	
107		1230 – 1330	Lunch	Admin		RQMS	Container Lunch	
108		1330 – 1800	Rifle LF 4 – Grouping at 50 and 100M (All Positions)	LF	Cse Offr	CA: FC 11, FC 12 (TPs)		
109		1800 – 1830	Return to Camp	Admin	Area	SI		
110		1830 – 1930	Post Range Admin	Admin	I9	SI	Container Meal at I9 RQMS	
111		Day 17	0730 – 0800	Move to Range	Admin	Area	SI	
112			0800 – 0900	Set up Range, RCO Briefs	Admin	Inf Range	Cse Offr	
113	0900 – 1230		Rifle LF 5 – Zeroing at 100M (Prone)	LF	Cse Offr		CA: Shelter Construction, Duties of a Sentry (TPs)	
114	1230 – 1330		Lunch	Admin	RQMS		Container Lunch	
115	1330 – 1600		Rifle LF 5 – Grouping at 100M (Other Positions)	LF	Cse Offr	CA: Shelter Construction, Duties of a Sentry (TPs)		
116	1600 – 1700		Evening Meal	Admin	RQMS	Container Meal		
117	1700 – 1800		Set up Night Shoot and Rehearse	Prep	Cse Offr			
118	1830 – 2000		Limit of Night Visibility (LNV) Shoot	LF	Cse Offr			
119	2000 – 2030		Return to Camp	Admin	Area	SI	Post Range Admin on return	
120	Day 18	0730 – 0800	Move to Range	Admin	Area	SI		
121		0800 – 0900	Set up Range, RCO Briefs	Admin	Inf Range	Cse Offr		
122		0900 – 1230	Rifle LF 7 – Elementary Application of Fire (Less	LF		Cse Offr	CA: Section Battle Drills (SI)	
123		1230 – 1330	Lunch	Admin		RQMS	Container Lunch	
124		1330 – 1600	Rifle LF 7 (Con'td)– Elementary Application of Fire	LF	Cse Offr	CA: Section Battle Drills (SI)		
125		1600 – 1700	Return to Camp (PT)	Admin/PT	Area	SI	Transport to drop off at Ammo Compound	

Ser	Date	Time	Activity	Type	Loc	Inst	Remarks
126	Day 19	0730 – 0800	Move to Range	Admin	Area	SI	
127		0800 – 0900	Set up Range, RCO Briefs	Admin	Inf Range	Cse Offr	
128		0900 – 1200	Rifle LF 8 – Advanced Application of Fire	LF		Cse Offr	
129		1200 – 1300	Lunch	Admin		RQMS	
130		1300 – 1600	Rifle LF 9 – Advanced Application of Fire	LF		Cse Offr	
131		1600 – 1700	Return to Camp (PT)	Admin/PT	Area	SI	Transport to drop off at Ammo Compound
130	Day 20	0730 – 0800	Move to Area	Admin	TPC 1 – 5	SI	Hand in BE ESAP
131		0800 – 0840	Set up for FC Lessons	Prep		Student	
132		0850 – 1100	Duties of a Sentry + Elementary Obstacle Crossing	TP		Student	2 x TPs Course photo 1100hrs
133		1100 – 1120	Return to Camp	Admin	Area	SI	
134		1120 – 1200	Administration to include Pay Parade	Admin	Camp	SI/SA	Issue Final Teach Backs
135		1200 – 1240	Final Written Test	Test	SR	SI	
136		1215 – 1235	Course Inval Questionnaires	Admin	120	Trg Offr	
137	1235 – 1320	Lunch	Admin	Mess			

INSTRUCTOR TRAINING COURSE (ITC)

WEEK 5

Ser	Date	Time	Activity	Type	Loc	Inst	Remarks
139	Day 21	0800 – 0830	Move to Area	Admin	Area	SI	
140		0830 – 1700	Student BE x 5	TP	TPC 1 – 5	Student	5 x Bes (Container Lunch)
141		1700 – 1800	Evening Meal	Admin		RQMS	Container Meal
142		1830 – 1930	Student BE x 1 (Night)	TP		Student	1 x BE
143		2000 – 2030	Return to Camp	Admin	Area	SI	
144	Day 22	0800 – 0830	Move to Area	Admin	Area	SI	
145		0830 – 1600	Student BE x 5	IP	TPC 1 - 5	Student	5 x BE (Container Lunch)
146		1600 – 1630	Return to Camp	Admin	Area	SI	
147		1630 – 1715	Post BE Admin	Admin	Camp	SI	
148	Day 23	0730 – 0800	Move to Range	Admin	Area	Cse Offr	Range Staff only
149		0800 – 0830	Move to M&S Start Point	Admin	Area	SI/Students	
150		0900 – 1200	March and Shoot Competition	LF	Inf Range	Cse Offr	
151		1200 – 1230	Return to Camp	Admin	Area	SI	
152		1230 – 1320	Lunch	Admin	Mess		
153		1330 – 1530	Bayonet Fighting	IP	Tin City	SI	Backdoor area of Tin City
154		1540 – 1700	Student Final Teach Back Study	Prep	SR	SI/Student	Use 3 x CR, Conf room and 120 for .ppt rehearsals
155	Day 24	0830 – 1230	Student PowerPoint Presentations	TP	SR	Student	5 x .ppt presentations
156		1230 – 1320	Lunch	Admin	Mess		
157		1320 – 1630	Student PowerPoint Presentations	TP	SR	Student	4x .ppt presentations
158	Day 25	0830 – 1000	Coaching Written and Practical Test	Test	SR	SI	
159		1010 – 1040	Written Test De-Brief	De-Brief	SR	SI	
160		1050 – 1110	Pay Parade	Admin	Admin Off	SA	
161		1110 – 1130	Course Inval Questionnaires	Admin	120	Trg Offr	
162		1120 – 1230	Lunch	Admin	Mess		

INSTRUCTOR TRAINING COURSE (ITC)

WEEK 6

Ser	Date	Time	Activity	Type	Loc	Inst	Remarks	
163	Day 26	0800 – 0900	Confirmation & Question Technique Lecture	TP	SR	Student	3 x Presentations. These should be used for potential Top Students only	
164		0910 – 1010	Fault Checking Lecture	TP	SR	Student		
165		1020 – 1120	Supervision of Instruction Lecture	TP	SR	Student		
166		1120 – 1230	Lunch	Admin	Mess			
167		1230 – 1245	Move to Tin City			SI		
168		1310 – 1440	Bayonet Fighting	TP	Tin City	Student		2 x TPs
169		1530 – 1700	Student Teach Back Study	Prep	SR	SI/Student		
170	Day 27	0800 – 1230	Final Student Teach Backs	TP	SR	Student	4 x TPs	
171		1230 – 1320	Lunch	Admin	Mess			
172		1320 – 1700	Final Student Teach Backs	TP	SR	Student	5 x TPs	
173	Day 28	0800 – 1230	Final Student Teach Backs	TP	SR	Student	TP Re-Shows where applicable	
174		1230 – 1320	Lunch	Admin	Mess			
175		1330 – 1700	Sports Afternoon	PT	Gym/Area	SI/Student		
176	Day 29	0830 – 1030	Weapon Cleaning	Admin	SR	SI/Student	100% Wpn Check prior to handing back	
177		1030 – 1130	Return all Stores	Admin	Stores	RQMS/SI		
178		1130 – 1230	SI Interviews	Admin	SR	SI		
179		1230 – 1320	Lunch					
180		1320 – 1400	Course Validation	Admin	120	Trg Offr	All Inval sheets to be returned to J3 Clk	
181		1410 – 1440	Course De-Brief	Admin	MMC	Cse Offr		
182		1450 – 1510	Graduation Rehearsal	Admin	MMC	Cse Offr		
183		1515 – 1535	Graduation Parade	Admin	MMC	Comd		
184	1800 – TBC	End of Course Function	Admin	TBC	All	To include all DS		
185	Day 30	0730 – 0900	Handover of Accommodation	Admin	I9	RQMS/SI		
186		0900 – 0930	Pay Parade	Admin	Admin Off	SA		
187		0930 – 1000	Course Dispersal	Admin				
188		1000 – 1200	Instructor Course Validation	Admin	Conf Room	Trg Offr		