

# New Entry Training



**Reference No**  
046/078

**Duration**  
9 weeks

**Location**  
HMS RALEIGH,  
Torpoint,  
Plymouth

**Frequency**  
Weekly course  
starts, 41 weeks  
per annum



## NEW ENTRY TRAINING

### Aim of Course

To induct civilians into the Royal Navy, transforming recruits into Naval Ratings capable of undergoing subsequent professional training, instilling Naval ethos and personal fighting spirit and correct attitudes and Core values required to deliver operational effectiveness in their first draft to an operational ship, submarine, air station or unit.

### Outline syllabus

Four main themes of Naval knowledge, Naval discipline, physical fitness and personal organisation underpinned by teamwork.

Teamwork is evolutionary throughout the course and incorporates resource and initiative training in more arduous training environments and culminates in the Final Military Exercise.

Naval knowledge encompasses all aspects of Naval General Training, basic seamanship, foot and weapon drill, weapon handling and weapon proficiency test and an introduction to first aid, damage control and fire fighting.

There are supplementary lessons on Core Values and personal standards, diet, nutrition and healthy living.

Visits to an operational ship, submarine and air station are included within the course.

### Entry standards

- ◆ To be able to write and discuss complex general, maritime and military matters in English. Minimum IELTS standard 5.5 in all 4 disciplines (Speaking, Reading, Writing and Listening)
- ◆ Candidates must be aged between 16 and 33
- ◆ To have the standard of physical fitness to be able to pass the RN Swimming test and the RN Fitness test by the end of the course

### Examinations/Accreditation gained

- ◆ HSE level 1 First Aid Certificate
- ◆ City and Guilds Key Skills 'Working as a member of a team'



### International Defence Training (Royal Navy)

IDT1A Tel: +44 (0) 23 9254 8153  
IDT1B Tel: +44 (0) 23 9254 8480

idtroyalnavy@btconnect.com www.mod.uk/idtroyalnavy