



**Reference No**  
007/053

**Duration**  
3 days

**Location**  
SETT, Fort  
Blockhouse,  
Gosport, Hants,  
UK. PO12 2AB

**IELTS**  
6.5

**Frequency**  
As available  
depending on  
RN requirements

## EXIT AND RE-ENTRY

### Aim of course

To familiarise selected Special Forces personnel in the basic techniques of Exit and Re-Entry from Submarines under controlled conditions, in preparation for sea training. The course normally is delivered over 2 days with a preparatory 1-day package prior to practical training.

### Entry standards

All students must be in-date military divers and of a standard similar that would be approved by the UK Superintendent of Diving. Evidence of diving qualification and fitness would have to be produced on arrival at the SETT. i.e. Divers log.

### Outline syllabus

#### Day 1

- ◆ Check Diving Logs in date
- ◆ Check all students' medical fitness
- ◆ Check emergency procedures within SETT environment
- ◆ Brief covering outline of the course and introduction to the Single Escape Tower and drills

#### Day 2

- ◆ Single sequence Exit & Re Entry runs through Single Escape Tower in 18 metres of water

#### Day 3

- ◆ Team Sequence runs in 18 metres of water through the SET
- ◆ Free ascents and exit only drills can be conducted as required by the customer
- ◆ Wash-up and depart

**NOTE:** Visiting teams are to supply their own nation's specialist diving equipment and also provide adequate safety/standby divers to comply with home nation dive safety requirements. E&RE qualified SETT Staff personnel will be available as additional safety numbers.

### NB

**This course no longer contains pressurised ascent training. For further information please contact OIC Submarine Escape Training Tank (SETT) on + 44 (0)2392 765108.**



International Defence Training (Royal Navy)

IDT1A Tel: +44 (0) 23 9254 8153

IDT1B Tel: +44 (0) 23 9254 8480

idtroyalnavy@btconnect.com www.mod.uk/idtroyalnavy