



MESSAGE FROM FLAG OFFICER SEA TRAINING (FOST)

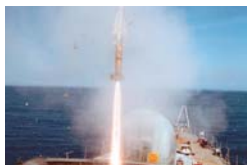
As FOST and Chief of Staff (Training) for the Royal Navy and Royal Marines, I welcome you to our International Defence Training catalogue for Navies, Coast Guards and Marines from around the world.

My goal is to provide the best quality training to help you develop your people, ships and operational units to meet your national responsibilities and to make it easier for us to work together on maritime tasks worldwide. I hope you will find the catalogue to be a useful guide and source of information, but please do not hesitate to contact my International Defence Training (IDT) team if there is something that you need which is not included.

My team are pleased to be able to share our skills, heritage and knowledge through the medium of training to officers and ratings from many countries and believe that we get collective benefit from our shared experiences.

My IDT team looks forward to hearing from you.

Rear Admiral C A Snow CBE



International Defence Training (Royal Navy)

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