

### **Windsor HIVE**

Community Centre Annexe, Kenneally Road SL4 4XW

Tel: Civ – 01753 832285 E – [windsor@hivegb.co.uk](mailto:windsor@hivegb.co.uk)

Opening hours: Mon – Fri 09.00 - 1500

### **LOCAL AREA**

Hounslow is within convenient proximity of London's Heathrow Airport and the surrounding business area. The M4 and A4 run along the edges of Hounslow and the area includes 8 underground stations and 7 main line railway stations providing quick and easy access to the heart of the capital. The town centre is home to an array of leading retailers and there are leisure centres, cinemas, theatres and many more amenities in and around the area.

A map of the location is available at this link <http://maps.google.co.uk/hounslow>

The postcode for Cavalry Barracks is TW4 6HD

The Hounslow tourist information centre website is: [www.ukinformationcentre.com](http://www.ukinformationcentre.com)

### **UNIT OVERVIEW**

The wide range of recent activities undertaken by the Welsh Guards reflects the busy and varied nature of the modern day British Army. A Guardsman who has served with the Battalion since 2002 will have been on operations in every calendar year. Previous and recent tours include: Bosnia, Kosovo, Northern Ireland, Iraq and Afghanistan,; these have been interspersed with fire fighting, sport, adventurous training as well as State Ceremonial and Public Duties.

As a Foot Guards Regiment in the Household Division, the Welsh Guards are proud to provide the guard for Her Majesty the Queen at her royal residences. When carrying out these duties the Battalion is based in their current location - Cavalry Barracks, Hounslow, London.

There are 5 Companies in the 1<sup>ST</sup> Battalion Welsh Guards:

- Prince Of Wales Coy
- 2 Coy
- 3 Coy
- Support Coy
- HQ Coy

## UNIT FACILITIES

Cavalry Barracks boasts many excellent sporting facilities within the wire including a Rugby Pitch, Football Pitch, Tennis courts, Squash Courts and Gym. There is also a community centre which hosts numerous activities such as Sure Start baby clinic, Mums and Tots, Jnr youth club, Snr youth club and play sessions. There are numerous cash machines on camp and 24 hr internet access in the Hub. There is a Londis shop on camp which stocks basic refreshments and personal items. More shopping, leisure facilities, food outlets, post office, banks and other amenities are available a short distance on foot from the barracks.

### The Hub

Breakfast: 0700 -0745  
Lunch: 1200-13.45  
Evening Meal:1700-1800

### Evening Hub

Opening times : 1900-2300

### Londis Shop

Mon- Fri 0700 - 1800

**Gym** Open to Dependants you must have an induction with the PT Staff and have third party liability insurance.

## ACCOMMODATION

### Service Families Accommodation (SFA)

There are 117 SFA in Hounslow on two estates. 90 SFA in Beavers Crescent and 27 SFA in Cavalry Crescent. All SFA are outside the camp within walking distance.

Beavers Crescent 1- 55 : Postcode TW4 6ET  
Beavers Crescent 2- 72 : Postcode TW4 6EX  
Beavers Crescent:57- 107 Postcode TW4 6EU  
Cavalry Crescent 1-27 Postcode TW4 6EY

To contact DIO Housing Information Centre: 0800 1696322  
Website: <http://www.mod.uk/DefenceInternet/Microsite/dio/>

### Single Living Accommodation (SLA)

For information on single living accommodation contact the Accommodation NCO.  
Civ: 0208 8185609 Mil:94645609

Officer's Mess: Civ: 0208 8185518

### Local accommodation

#### Shalimar Hotel

215 – 221 Staines Road, Hounslow, TW33DB  
[www.shalimarhotel.co.uk](http://www.shalimarhotel.co.uk)  
Tel: 02085777070

#### Premier Inn London Heathrow Airport

15 Bath road, Hounslow, TW6 2AB  
[www.premierinn.com](http://www.premierinn.com)  
Tel:0871 5278508

#### The Continental Hotel

29 -31 Lampton Road, Hounslow, TW31JA  
[www.thecontinental-hotel.com](http://www.thecontinental-hotel.com)

#### St Giles Hotel

Hounslow Road, TW14 9AD  
[www.stgiles.com](http://www.stgiles.com)

## TRAVEL

**By car:** Unit Postcode for Sat Nav is TW4 6HD

Approaching on to the M4

- At junction 3 take the A312
- At the roundabout take the 2<sup>nd</sup> exit onto A312 heading towards Staines
- Take the 3<sup>rd</sup> exit onto Greenlane
- Take the 1<sup>st</sup> left on to Salisbury road
- Continue straight on to Beavers lane
- Turn right and stay on Beavers lane

**By train:** Hounslow railway station is a 25 minute walk from camp

National Rail Enquiries – for times and information call 08457 484950 or visit [www.nationalrail.co.uk](http://www.nationalrail.co.uk)

**Taxi:** Metro cars – 0208 5696000 Galaxy cars -0208 5775050

## HEALTHCARE

### Service Personnel:

- Station Medical Centre - Civ:0208 8184641 Mil: (9) 46415515
- Station Dental Centre - Civ:.0208 8185233 Mil: (9) 52338439

### Dependants:

- Medical -.Churchilla Centre Tel: 02086301370
- Dental – There are limited NHS Dentists. NHS Direct will advise on Dentists providing NHS care (see below for contact details)

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The nearest hospital is West Middlesex University Hospital, Twickenham Road, Isleworth, Middlesex, TW7 6AF Tel: 02085602121  
[www.westmiddlesexhospital.nhs.uk](http://www.westmiddlesexhospital.nhs.uk)

NHS Direct offers a 24-hour nurse advice and health information service, and provides details of local healthcare services, such as doctors, dentists or late night opening pharmacies. **NHS Direct - Tel: 0845 46 47** [www.nhsdirect.nhs.uk](http://www.nhsdirect.nhs.uk)

## SCHOOLS AND CHILDCARE

Beavers Community Primary School (4 -11yrs): Tel:02085709347

[www.beaverscomm.netchildcare](http://www.beaverscomm.netchildcare)

The Heathland School (11-19yrs) Wellington Road, South Hounslow, TW4 5JD

[www.heathlandhounslowsch.uk](http://www.heathlandhounslowsch.uk)

- Applications for school places are made through the Local Education Authority (LEA). Schools Admissions Children Services and life long Learning, Civic Centre, Lampton Road, Hounslow, TW3 4DN Tel: 02085832721  
[http://www.hounslow.gov.uk/index/education\\_and\\_learning/schools](http://www.hounslow.gov.uk/index/education_and_learning/schools)
- Ofsted reports can be accessed at [www.ofsted.gov.uk](http://www.ofsted.gov.uk)

## USEFUL CONTACT NUMBERS

These are the main Unit contact details. For any other Unit contact numbers please call the HIVE on 01753 832285

	Mil	Civ
Army Welfare Service	942535198	01753 862307
Guard Room	946415513	02088186513
MPGS	942535563	
HIVE		01753 832285
Padre		078255680565

This is a brief overview of the area and facilities available at Hounslow. The HIVE holds further information and will research information on your behalf.