



LEADING RATES COMMAND COURSE

Reference No
003/434

Duration
2 weeks

Location
HMS
COLLINGWOOD,
Fareham

IELTS
5.5

Frequency
41 courses
per year

Aim of course

To train personnel to be effective Leading Rates by developing their leadership qualities, instilling a sense of purpose, improving self-confidence, learning to communicate effectively, and to understand the responsibilities of a Leading Rate.

Outline syllabus

The following subjects are covered:

- ◆ Leadership
- ◆ Morale
- ◆ Stress
- ◆ Communication
- ◆ Discipline
- ◆ Punishment
- ◆ First aid
- ◆ Duties and responsibilities
- ◆ Security
- ◆ Financial responsibility

Physical activities, which account for nearly 50% of the course, include four assault course runs, a 25-30 mile trek across country using map and compass, daily exercises, swimming tests, personal survival test, parade training, and practical leadership tasks.

There are various discussion periods and each student delivers two lectures in order to develop the art of good communication.

Entry standards

- ◆ Must be a Leading Rating or Able Rating passed for Leading Rating, of any branch
- ◆ To be in good physical condition

Examinations / qualifications gained

Continuous assessment with a comprehensive report forwarded on completion of course. A copy of this report is given to the student prior to leaving the school.



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