

Termination Timeline

Period	Termination event	Date	Notes	Done
9 – 6 months	Arrange to have final medical at your current unit			
	Arrange dental examination			
	Arrange Resettlement Officer interview			
	Arrange assignment to terminating unit if needed (RN only)			
	Arrange move from MoD accommodation on discharge			
6 – 3 months	Make sure your JPA record is accurate			
3 – 1 months	Attend final medical examination			
	Claim for refund of any resettlement fees			
	Contact the mail office with forwarding address			
	Check medical and dental documents are with terminating unit			
	IMPORTANT - COMPLETE AND RETURN FORM PEN 1			
	Check unit terminating routine			
	Get a copy of your Testimonial (Army & RAF only)			
	Return all appropriate clothing and equipment			
Leave MoD accommodation				
Last month	Take terminal leave			
	Return Armed Forces ID card			
	Return service stores and record books (if no reserve liability)			